

Inspero Support Network - Covid-19

Inspero's Support Network is now live, and we can be reached at

Tel: 07545 870660 Tel:07950 686614

Email: info@inspero.org.uk

The service will be available to households in the **Beggarwood, Buckskin, Hatch Warren, Kempshott and South Ham areas** of Basingstoke, working with the Kempshot Village Hall, St. Marks Church, Caritas and BVA. We have set up a Food Hub and shop at Kempshott Village Hall to support the community.

The Support Network is comprised of a group of volunteers who have been working since the beginning of the pandemic and continue to support our communities during the Covid 19 crisis.

We will endeavour to provide support in a timely, safe and caring manner during this time; please note we are volunteers working in unprecedented circumstances and will do our very best to meet the community's needs.

Our team of experienced volunteers can help with:

- Prescription collection & delivery
- Emergency food parcels via our Food Hub or delivered
- Food Shopping and delivery
 - (We can invoice you if you can pay via online banking)
- Call you for a chat if you are lonely, need mental health support
- Fresh organic produce from our community garden.
- Healthy cooked meals for vulnerable older people

Please make contact with us if you need support.

Stay safe and keep well. Inspero xx